## OHC G2 Week #8 Spring Block 2025

**MY STORY:** What life experiences bring you the most contentment?

**QUICK REVIEW:** Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged, convicted or confused you?

**DIGGING DEEPER: Read:** Philippians 4:10-19 Why was Paul rejoicing?

What lesson had Paul learned about contentment?

How does Paul's "secret" of contentment challenge the societal understanding of happiness and satisfaction?

How was Paul able to "do all things"? (vs.13)

What did the Philippians do about Paul's troubles? How did Paul feel toward the Philippian believers? Why?

How does Paul model gratitude in this chapter, and how can we imitate this in our own lives?

Does the promise in vs.19 apply to every need, including material needs, or primarily spiritual needs?

Since God will supply all our needs, why do believers worldwide still experience poverty and suffering?

How does the promise in vs.19 comfort you in your current circumstances?

How does Paul's attitude toward his circumstance inspire you in your current situation?

**MEMORIZE ONE:** Psalm 23:1, Matthew 6:33, 2 Corinthians 9:8, Philippians 4:19 **TAKING IT HOME:** How have you been encouraged or convicted through this study?

## **Appreciation of Support**

10 I rejoiced in the Lord greatly because once again you renewed your care for me. You were, in fact, concerned about me but lacked the opportunity to show it. 11 I don't say this out of need, for I have learned to be content in whatever circumstances I find myself. 12 I know how to make do with little, and I know how to make do with a lot. In any and all circumstances I have learned the secret of being content—whether well fed or hungry, whether in abundance or in need. 13 I am able to do all things through him who strengthens me. 14 Still, you did well by partnering with me in my hardship.

15 And you Philippians know that in the early days of the gospel, when I left Macedonia, no church shared with me in the matter of giving and receiving except you alone. 16 For even in Thessalonica you sent gifts for my need several times. 17 Not that I seek the gift, but I seek the profit that is increasing to your account. 18 But I have received everything in full, and I have an abundance. I am fully supplied, having received from Epaphroditus what you provided—a fragrant offering, an acceptable sacrifice, pleasing to God. 19 And my God will supply all your needs according to his riches in glory in Christ Jesus.